Making your own Homeopathic Placenta remedy.

Making your own remedy can be a powerful experience. Bring consciousness to the process. Notice what you experience as you make each potency. This will guide you in its usage. Take notes.

Making your placenta tincture...

Before you can make your homeopathic, you will need to make a tincture of it. Select a small portion of your placenta (if it is frozen, thaw it out first). Tune in to which part feels right for you to use.

Tear it off and place it in some strong alcohol (brandy is a good choice but you can also use vodka, whisky etc). The ratio should be about 1 part placenta to 9 parts brandy. This will preserve it and serve as the base to make the remedy from. Use a dark coloured, sterilised bottle to store it. This brandy solution will become the tincture from which the homeopathic can be made. This needs to sit for at least 3 days before continuing.

Making the homeopathic...

Use sterile bottles and techniques. To make the **1c** potency: Add 1 drop of the placenta tincture and add it to 99 drops of brandy. Place the lid on and succuss 20-100 times.

Succussion is banging the mixture onto your hand or a large book, traditionally a materia medica! This releases the energetic components of the substance.

Then take 1 drop of the 1c potency that you have just made and add it to 99 drops of alcohol (in a fresh sterilised bottle) and succuss. This makes the **2c** potency. Then take 1 drop of 2c and add to 99 drops of alcohol, succuss and you have the **3c**. Continue on to 30c, or at the very least 6c.

Dosage

Your own placenta remedy can be used as a constitutional remedy for your child – when they are becoming run down or needing a little boost to strengthen them up from the centre, take one dose of 30c (this can be a few drops of a liquid potency or one pill). Repeat as needed.

For more information on when to use Placenta, click <u>here</u> or on website.



Blooming Moon Homeopathy

now at www.wildflowerwalker.com

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Potencies

30c is the most commonly used potency in homeopathy, it works on the physical, emotional and spiritual realms.

200c is another common potency to work with, this acts even more deeply and can be used for long standing issues (get advice from a homeopath).

6c is a low potency and works mainly just on the physical realm. It will need to be taken more frequently for results.

Disclaimer

These instructions are provided as information only. Making and taking your remedy must be done at your own risk, taking full responsibility for your actions. If in doubt, please consult your personal professional homeopath.