

Calendula officinalis

I've always loved this little plant and used it often for surface wounds, grazes, tooth infections, tissue trauma. It's antiseptic and heals tissue beautifully. It's long been known as a remedy to bring cheer through a long winter (Seasonally Affective Disorder), and to bring a little dose of sunshine to any rotting tissues that are lacking light and need warming, drying, soothing and purifying.

When Calendula asked me for a proper alchemy, I was only too happy to oblige. Plant alchemy is a powerful evolutionary and in depth process in which we purify and evolve a plant into a 'higher' form of itself. It's also an incredible way of getting to know a plant on a much deeper level that ordinarily may take decades to learn through experience. And afterwards, we have a much more powerful plant medicine (known as a spagyric) that is



capable of working on all levels of our being to evolve us! It's a beautiful cycle.

I won't say too much about the traditional uses of Calendula as there is plenty of information already out there, I am going to focus on the deeper understanding of the core essence of Calendula. Once you understand the core energy of a plant, it is like seeing the whole picture, all the little actions and uses start to make sense. An apt image for Calendula is the Sun - with the core energy at the centre, all the actions and properties are like the peripheral rays of the sun shining outwards, yet stemming from the core.

These insights and themes have come from the circle of people (alchemy is much more potent when done as a group) that

Calendula called together for this work. I am going to try and summarise as much as I can for ease of understanding as it was a deep journey, and so potent for this time in history in which we are at right now.....

.....

We sit at a time when the feminine has been rising for some years, but what Calendula showed was that it will be unable to rise further into its divine self until the masculine begins to heal. We are at a time in our evolution where the inner masculine (within males and females alike) needs to be looked at for deep healing. The wounds both inflicted and

received through disrespect and dishonouring of the feminine within ourselves need to be reopened and healed properly. Calendula is a huge support in this process. Whether it is dealing with domestic violence, old wounds inflicted by the masculine, institutions that don't honour the feminine, lost wisdom, violence towards the earth, or whether it is within our own bodies, the time to heal the masculine is nigh.

I want to emphasise that this is by no means a male only problem, it is women also that are continuing to create this wounding by not honouring their own feminine nature. The masculine within is often still in control and directed at *using* the body (or earth) for its own agendas. The healed masculine on the other hand knows the deep creative power of the feminine and knows all existence rests on protecting this at all costs. It can be channelled towards protecting the body's need for the rest and nurture phase, listening to the intuitive and deep body wisdom, and focusing on being rather than doing....etc.



Main Themes:

Gold, Divine Masculine, Sun, Light, Heart.

Calendula is a solar plant. It is like a King with a Heart of Gold. It relates to the Divine Masculine or Divine Father energy.

It has a relationship to Light (the flower opens and closes with the sun each day) and helps us to integrate sunlight properly. With insufficient light we rot and blacken.

Calendula acts like fire in our body. It is the warmth and vital force within that heats and makes us sweat. It relates to the heart and circulation that fires us up and gives us vitality by pumping life force/blood around the body. Its energy is masculine / yang - creates movement towards the periphery, outwards, spreading, like the sun with its source at centre. Also upwards motion, energy rising up to head. Yet if we are too hot and dry, it can bring nourishment and soothing energy and grounding. (Plants are beautiful like that, they have intelligence and can work with what needs to be done if we have a deeper relationship with them).

Calendula is an energetic heart medicine. Our heart is like our inner sun radiating warmth and light when it is full of love; glowing and expanding the more we follow our heart.



Wound medicine. Reknitting the fabric of Creation.

Calendula at its core is the Divine masculine, the healed masculine. It has the ability to bring this about again. It cuts open old scars and deep black wounds in order to shine light on them so that they may heal properly. It brings wounds to the surface for deep healing.

"This is a balm of the soul. It assists the reknitting of fractals, wounds and light frequencies displaced during timeline corruptions."

It clears blockages to receiving, opening us to allow the light of transformation in again.

*"In my golden light you shine
Healing that which is not mine.
Take not that which is not thine...."*

Calendula strengthens the auric field and our ability to sense and recognise threat and protect. Strengthens our resilience (like gold).

It has the potency to heal our bloodlines, our ancestral pathways as well as current wounds created by the unhealed masculine internally and externally. It acts like a balm on these wounds, easing and soothing their release.

Calendula *heals the bloodlines* by running the energy of Gold through the blood, purifying it. Gold attracts only what is pure, everything else falls away and is cleansed from our system.

Beyond this it can go even further - soul reclaiming, reconnection, true wholeness, true divine nature in active wholeness. Takes us to higher aspects of soul beyond the schism. *"All that is not aligned arises in me (fear and doubt), then falls away as I learn to trust myself. I felt the soul of Calendula move through my whole body awakening and moving blocks throughout. Like a river of energy constantly moving and flowing, searching for blockages to clear, and as they cleared, a feeling of awakening – enlivening, bringing back my life, my soul."*



Divine Masculine / Divine Father

So what is the healed masculine or divine masculine?

The greatest teaching of Calendula around this was that the masculine cannot be divine or healed unless it has *integrated the feminine*. The healed masculine is integrated with the feminine knowing there is no separation, they are two sides of the same coin. The healed masculine is never masculine alone. **It can't be healed AND separate.**

The archetype of the Healed/Divine Masculine is the Knight in Shining Armour. The Knight in Shining Armour protects, supports and fights for the feminine from a place of deep respect and honour for her. This is the healthy masculine honouring the body or the Earth. He understands her sensitivity and fragility and is pledged to protect and honour that.

The healthy masculine radiates a divine light that is filled with love (a healthy dose of soft feminine energy with it). Compassion that softens the bright light. *Divine Father energy* has a slight difference of energy - the caring love of a father that softens the pure masculine energy and integrates it.



(To be clear, we are not just talking about males here, the masculine is within all of us, whether male or female.)

When the body/feminine is fine tuned and cared for delicately, then it is a potent vessel for the spirit and soul to be made manifest. This is the creative power of women and the womb - no one can incarnate without coming through the womb. Calendula showed us the importance of deep care for the body/vessel as it is fragile, soft. On another level, we need a deep connection to the earth in order to connect with the sky/sun just as trees need roots in order to grow towards the heavens.

Calendula teaches that you can't separate the masculine and feminine without causing deep wounds.

Wounded/Unhealed Masculine

- Seeing the mutilation, rape and murder of women throughout time. See how powerful and full of life these women are, and grieve for them being cut down in their prime. The males that inflict this are so cut off and separated from the feminine they see no value in these women at all. Can see how this has played out for so long due to a mega disconnect from the feminine nature within.
- When people are disconnected from inner feminine, no respect, no ability to see its power and life force. That is how they can come to harm, by being disconnected from their own feminine that they see no value in it and so can kill without thought. Crimes of the unhealed masculine and the sadness of it. Abuse of women throughout the ages.
- Taken to a time when healing herbs were loved, honoured, respected and used by all. Then seeing how a deep wounding of the healers and healing plants has occurred over time due to disrespect of Earth, patriarchal influence, killing of the healers and herbalists, influence of pharmaceutical companies, all of these have distorted the authentic blueprint and the power of herbs, causing a decapitation/schism energy. This is being uncovered in order to heal. Calendula helps in the letting go of imprinted information regarding our bodies capacity to receive from plants/ nature. It awakens our bodies capacity to process Earth in all her dimensional realities.
- Separation of head and body. Decapitation energy. When masculine (head/rational) is disconnected from feminine (body/feeling) becomes unhealthy. The throat being cut is like a projection of their own severing - head separated from body, masculine separated from feminine. Can see the mighty wounding around the planet of this.
- Desire to control, controlled evolution rather than divine flow. When the masculine is trying to control and "do" rather than just allowing and "being". Can see how deeply ingrained our unhealthy masculine is in our belief systems. The divine father doesn't need to "do", he just "is". Seeing how our current version of the masculine is so unintegrated and unhealthy that we believe positive masculine is a *doer*. *Doing* is an aspect of the unhealed, the need to control.
- Unhealthy masculine can also play out within us by not taking care of the physical body, the fragile vessel we come in with. The feminine/ body/ vessel is delicate, it needs care and respect for its fragility. When we don't care for the body well enough, it turns to glass (literally in our alchemy!) and then it is useless, can no longer hold the spirit and soul, can no longer be a divine vessel for the spirit forces.
- Wounded male energy "pushing through energy" only leads to being drained.

- Saw the wounded masculine within me - the way I push and don't respect my body. Calendula re-knitting the union through awareness and conscious choice- keeping personal roots strong. Can't ground when the head and body are separated.



Heals the Masculine Within.

Calendula is for when we are over identified with the masculine, for when we have separated from the feminine and disconnected with the earth.

Patriarchy is an aspect of the unhealed masculine - when not honouring the feminine within.

Calendula helps us remember the unity, that masculine and feminine exist together. It is nourishing and healing for the neural pathways and balances left and right hemispheres of the brain.

Calendula has both warming and drying properties (flowers), yet also the soothing, cooling nourishing properties of the roots. Calendula helps reunite and remember that there is no real separation.

Calendula is for healing the masculine - whether there is an excess of masculine energies creating imbalance or a lack of masculine energy:

- Excess masculine, too hot and dry – Calendula soothes and heals. Helps to slow us down, soften and tune into the body. Lesson of slowing down, rest and pause, honouring the body rather than pushing through, to listen to and honour the feminine. Calendula will help you ground again, get roots connected back into the earth. (*Calendula: We will help you ground. See how my roots are, we go deep and wide. This is how to stay strong, receptive and stable.*) Kidney Yin. When masculine in balance and in healthy relationship with feminine, it listens and honours the body, so doesn't push and therefore drain. This allows the feminine yin to rise. So growth of kidney energy. Masculine becomes restorer and provider.
- Lack of Masculine, too yin - it helps bring out the masculine by warming, drying and cleansing the damp, rotten and infected. Awakening crown chakra and connecting to cosmic source. Calendula teaching: Persistence dissolves resistance. Healthy masculine persists, brings fire of awareness, meditation, able to sit in the fire and burn away the resistance. *"During the burn – a resistance reaches its tipping point with heat until in one moment the limit is surpassed and sweet surrender ensues. Sometimes for a seed to open it needs the lick of flame to open it up. Some potentials only open and become available under the intensity of fire."*

Calendula helps us to release the old shackles, bindings, structures and patriarchal beliefs within. When we let these go, can stand free, shining, open like the Sun.



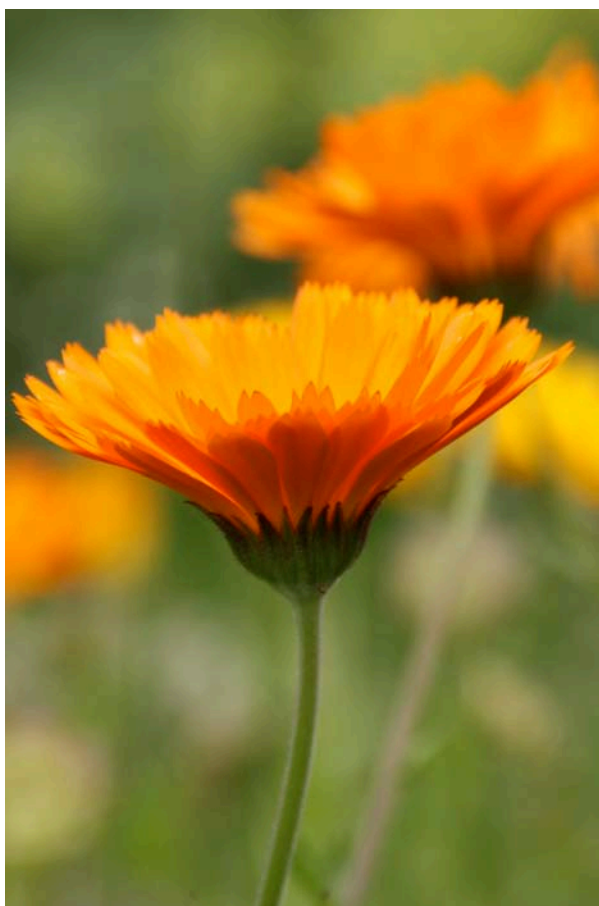
Restores Trust and Balance of Masculine and Feminine Energies.

Calendula restores trust in the feminine; trust in the body; and trust in the provider.

Restores balance in relationship. Harmony between the two hemispheres of the brain.
Integrates the masculine with the feminine.

As the masculine heals, the feminine rises up. They are united - the divine masculine and feminine, King and Queen. A golden pair together. No power plays, just mutual respect and equality.

Calendula supports the healing of the masculine, so that a new balance of masculine and feminine can occur.



For information about Herbal Alchemy courses or to purchase some

[Calendula Spagyric Essence](#)

please visit:

www.wildflowerwalker.com